

Health Maintenance

Patient's Name _____ DOB _____ Date _____

Present Complaint _____

Medical Doctor _____ Referring Physician _____

Preferred Pharmacy (Please include city and state) _____

Medications and Dosages (may attach list or write on back): _____

Medication Allergies: _____

Active Problems

Please check if any of the following are currently active problems for the above named **patient**:

- | | | | |
|---|--|---|--|
| <input type="checkbox"/> + Latex Allergy Test | <input type="checkbox"/> Hypertension | <input type="checkbox"/> Hypothyroidism | <input type="checkbox"/> Obstructive Sleep Apnea |
| <input type="checkbox"/> Glaucoma | <input type="checkbox"/> Asthma | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> HIV Infection |
| <input type="checkbox"/> Allergic Rhinitis | <input type="checkbox"/> Emphysema | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Blood Clotting Problem |
| <input type="checkbox"/> Hearing Loss | <input type="checkbox"/> Stomach Acid Reflux | <input type="checkbox"/> Arthritis | <input type="checkbox"/> Cancer (location _____) |
| <input type="checkbox"/> Abnormal Heart Rhythm | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Rheumatoid Arthritis | <input type="checkbox"/> Using CPAP |
| <input type="checkbox"/> Heart Artery Blockage | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Migraine Headache | |
| <input type="checkbox"/> Heart Failure | <input type="checkbox"/> Hyperthyroidism | <input type="checkbox"/> Seizure | |
| <input type="checkbox"/> Other Medical Problems _____ | | | |

Past Medical History

Please check if the above named **patient** has been treated in the past for any of the following problems:

- | | | | |
|--|------------------------------------|--|---------------------------------|
| <input type="checkbox"/> Heart Attack (year _____) | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Cancer (location _____) | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Other past Medical Problems _____ | | | |

of Pregnancies _____

of Children _____

Living: sons _____ dgts _____

Deceased: sons _____ dgts _____

Past Surgical History

Please check if the above named **patient** has had anesthesia for any of the following surgeries:

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> Wisdom tooth extraction | <input type="checkbox"/> Coronary Artery Bypass | <input type="checkbox"/> Hernia Repair | <input type="checkbox"/> Knee Surgery |
| <input type="checkbox"/> Pacemaker Placement | <input type="checkbox"/> Heart Valve Replacement | <input type="checkbox"/> Kidney Removed | <input type="checkbox"/> Foot Surgery |
| <input type="checkbox"/> Cataract removal | <input type="checkbox"/> Breast Biopsy | <input type="checkbox"/> Kidney Stone Removal | <input type="checkbox"/> Brain Surgery |
| <input type="checkbox"/> Ear Surgery | <input type="checkbox"/> Mastectomy | <input type="checkbox"/> Hysterectomy | <input type="checkbox"/> Neck Disc Surgery |
| <input type="checkbox"/> Nasal Surgery | <input type="checkbox"/> Stomach Surgery | <input type="checkbox"/> Tubal Ligation (Tubes Tied) | <input type="checkbox"/> Back Disc Surgery |
| <input type="checkbox"/> Tonsillectomy | <input type="checkbox"/> Intestine Surgery | <input type="checkbox"/> C-section | <input type="checkbox"/> Carpal Tunnel Repair |
| <input type="checkbox"/> Thyroid Surgery | <input type="checkbox"/> Appendectomy | <input type="checkbox"/> Shoulder Surgery | |
| <input type="checkbox"/> Vascular Surgery | <input type="checkbox"/> Gall Bladder Removal | <input type="checkbox"/> Hip Surgery | |
| <input type="checkbox"/> Other Surgeries _____ | | | |

Past Family History

Please check if there is a **Family History** for any of the following for the above named patient:

- | | | |
|--|---|---|
| <input type="checkbox"/> Cancer (Location _____) | <input type="checkbox"/> Osteoporosis | |
| <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Diabetes | |
| <input type="checkbox"/> Bleeding Problems | <input type="checkbox"/> Rheumatoid Arthritis | |
| <input type="checkbox"/> Hearing Loss | <input type="checkbox"/> Migraine Headache | <input type="checkbox"/> Mental Retardation |
| <input type="checkbox"/> Seasonal Allergies | <input type="checkbox"/> Seizures | |
| <input type="checkbox"/> Hypertension | <input type="checkbox"/> Alzheimer's | |
| <input type="checkbox"/> Blood Clots | <input type="checkbox"/> Parkinson's | |
| | <input type="checkbox"/> Stroke | |

Other Family Medical Problems _____

Patient's Name _____ DOB _____ Date _____

Past Social History

Please check if any of the following apply to the above named **patient**:

- Caffeine Use; ___ cups/day Stopped smoking (date :____)
- No Caffeine Use Alcohol use: social drinker Drug use
- Tobacco Use; ___ppd for ___ yrs 2 drinks/day or fewer Second hand tobacco exposure
- No Tobacco use > 2 drinks/day

Review of Systems

Please check if the above named patient frequently experiences any of the following symptoms:

- | | | | |
|--|---|--|-------------------------------------|
| <input type="checkbox"/> feeling tired | <input type="checkbox"/> nasal discharge containing pus | <input type="checkbox"/> wheezing | <input type="checkbox"/> swelling |
| <input type="checkbox"/> fever | <input type="checkbox"/> nasal passage blockage | <input type="checkbox"/> difficulty swallowing | <input type="checkbox"/> leg cramps |
| <input type="checkbox"/> sweating | <input type="checkbox"/> snoring | <input type="checkbox"/> heartburn | <input type="checkbox"/> dizziness |
| <input type="checkbox"/> recent weight loss | <input type="checkbox"/> sneezing | <input type="checkbox"/> nausea | <input type="checkbox"/> fainting |
| <input type="checkbox"/> headache | <input type="checkbox"/> hoarseness | <input type="checkbox"/> abdominal pain | <input type="checkbox"/> tingling |
| <input type="checkbox"/> eye symptoms | <input type="checkbox"/> sore throat | <input type="checkbox"/> black or tarry stools | <input type="checkbox"/> numbness |
| <input type="checkbox"/> loss of hearing | <input type="checkbox"/> chest pain | <input type="checkbox"/> pain during urination | <input type="checkbox"/> anxiety |
| <input type="checkbox"/> earache | <input type="checkbox"/> palpitations | <input type="checkbox"/> muscle weakness | <input type="checkbox"/> depression |
| <input type="checkbox"/> ringing in the ears | <input type="checkbox"/> difficulty breathing | <input type="checkbox"/> rash | |
| | <input type="checkbox"/> cough | <input type="checkbox"/> joint pains | |