

meet our staff

Leaders in health, nutrition and understanding



Glenda Billings, RN, MSN, NP-C, Medical/Program Director

Glenda has extensive knowledge and training in the field of bariatrics and bariatric surgery. She has completed graduate level research in the area of morbid obesity related quality of life. A compassionate medical professional with a career spanning two decades, Glenda will be your personal guide throughout the program. She works closely with our clinical and support teams to ensure that your journey on your Optifast program is as comfortable and effective as possible.

SPECIALTY: Internal Medicine

UNDERGRADUATE: Guilford Technical Community College, Jamestown, NC

North Carolina Agricultural & Technical State University, Greensboro, NC

GRADUATE: University of North Carolina at Greensboro, Greensboro, NC

MEDICAL: University of North Carolina at Greensboro, Greensboro, NC

BOARD CERTIFICATION: Board Certified by American Academy of Nurse Practitioners



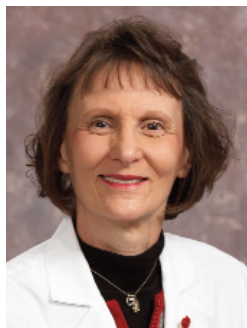
W. Thomas Thompson, EdD

Dr. Thompson is the consulting psychologist to Cornerstone's Optifast program and Regional Center for Bariatric Surgery. His role is to help bariatric patients address the various behavioral and emotional barriers to establishing healthy lifestyle patterns. He has extensive experience in providing a full range of psychological testing and counseling services to bariatric, cardiac, and chronic pain patients.

SPECIALTY: Psychology

UNDERGRADUATE: University of California, Davis, CA

POST GRADUATE: Doctorate: University of Northern Colorado, Greeley, CO



Deborah K. Rosenquist, RD

While the Optifast program provides the nutritional requirements for your weight loss process, as a registered dietician specializing in healthy weight maintenance, Deborah is an important resource in helping you maintain your Optifast program weight loss for a lifetime. The nutritional choices you make as you transition yourself back into a diet that includes healthy foods will determine if you are successful in keeping the weight off. Deborah is specially trained to understand the challenges our patients face while making these choices and stands ready to help at your moment of need.

SPECIALTY: Clinical Pharmacy Services

UNDERGRADUATE: Bob Jones University, Greenville, SC

MEDICAL: University of North Carolina at Greensboro, Greensboro, NC

BOARD CERTIFICATION: Certificate of training in adult weight management