

CORNERSTONE Behavioral Medicine

P R E S E N T S

Smart Parenting

S E R I E S

A 4-week educational seminar for parents of elementary school children ages 5-11

The seminar will equip parents with practical, research-based techniques to promote positive behavior in their children and offer solutions to typical challenges associated with not minding, aggressiveness, arguing, and other behavioral difficulties.

T O P I C S I N C L U D E

*Understanding Reasons for Negative Behavior • Specific Discipline Tactics
Teaching Strategies • Communication Techniques*

Presented by

Catherine Cheek, M.A., Licensed Psychological Associate

Member of North Carolina Psychological Association • Former consultant for Guilford County Schools

Classes will be held from 6:00 pm to 7:30 pm

TUESDAY, SEPTEMBER 7TH

TUESDAY, SEPTEMBER 21ST

MONDAY, SEPTEMBER 13TH

MONDAY, SEPTEMBER 27TH

Cornerstone Behavioral Medicine at Premier

4515 Premier Drive, 3rd floor, High Point, NC

Limited enrollment. Pre-registration required.

Call **336 802-2207** extension **3119** to register.

Fee: \$100 per household for 4-week series

Enrollment is for adults only. No child care will be provided.