

## *In this edition:*

- **New Law Provides More Coverage!**  
*New law increases mental health insurance coverage for many.*
- **New CBM Locations.**  
*Expanded services for our patients.*
- **Introducing Our Newest Associates:**  
*Dr. Duquette, Pediatric Neuropsychologist and Dr. Young, Pain Management Specialist.*

## **NEW CBM LOCATIONS** *Expanded services for our patients.*



Cornerstone Behavioral Medicine has opened a second office at the Premier Medical Plaza for the convenience of patients living in north High Point, Greensboro, Jamestown, Kernersville, Summerfield and Oak Ridge. The Plaza is located at the corner of Wendover Avenue & Premier Drive.

### **Our new mailing address is:**

4515 Premier Dr., Suite 301, High Point, NC 27265  
Phone: 336 802-2205 Fax: 336 802-2206

### **HOURS BY APPOINTMENT:**

Monday 8 am to 6:30 pm  
Tuesday 8 am to 7 pm  
Wednesday & Thursday 8 am to 6 pm  
Friday 8 am to 5 pm

### **Psychological testing now available on Saturday.**

Please note that our Elm Street location will remain open until March 26, 2010. On March 29, this location will relocate to 1814 Westchester Drive, High Point.

### **QUESTIONS OR COMMENTS?**

Email [CBM@cornerstonehealthcare.com](mailto:CBM@cornerstonehealthcare.com) and put LOCATIONS as your subject line.

# New Law PROVIDES MORE COVERAGE!

## **New law increases mental health insurance coverage for many.**

Ever feel frustrated that your mental health doesn't seem to be given the same importance as your physical health? The Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008 seeks to change that.

You may be wondering, "What is parity?" Parity means something is equal to something else (they are "on a par" with each other). A lot of insurance plans used to have limits for how much they would pay in a year or a lifetime for mental health and substance abuse treatment. Often they would pay no more than \$3,000 in a plan year, and sometimes as little as \$10,000 maximum for all mental health/substance abuse coverage in a person's entire lifetime. Compare that to medical benefits that pay up to one million dollars or more for a covered physical condition.

If Mental Health Parity does apply to your insurance plan, the new law says mental health and substance abuse treatment must be paid the same as medical benefits. Before this law was passed, insurance plans could limit how much they paid for each visit, and they could limit how many visits you were allowed to have. Now they will pay for mental health and substance abuse treatment, including inpatient and outpatient care, just as they would for any other medical condition.

The law only applies to group insurance through an employer with 51 or more employees. Even if you work for a company that is large enough, your employer can decide not to provide coverage for mental health benefits at all, so ***be sure to check with your human resources department or insurance representative for benefit details or call us at 336 802-2205 and ask us to reverify your benefits.***

### **QUESTIONS OR COMMENTS?**

Email [CBM@cornerstonehealthcare.com](mailto:CBM@cornerstonehealthcare.com) and put PARITY as your subject line.

# Our Newest Associates

*Dr. Duquette, Pediatric Neuropsychologist and  
Dr. Young, Pain Management Specialist*

## **Peter J. Duquette, Ph.D., Pediatric Neuropsychologist,**

was awarded his undergraduate degree from Wake Forest University



where he was a four year recipient of the George Foster Hankins Merit Scholarship. He earned his Ph.D. in School Psychology from the University of North Carolina, Chapel Hill. He completed his internship at Texas Children's Hospital in Houston, Texas and his post-doctoral fellowship in pediatric neuropsychology at the Children's National Medical Center, Rockville, Maryland. Dr. Duquette has published book chapters and

articles in scientific journals on the topics of memory, attention, learning processes, and cognitive problems associated with complex medical issues.

## **Larry D. Young, Ph.D., Pain Management Specialist,**

was awarded his undergraduate degree from David Lipscomb College



in Nashville, Tennessee, where he was a Phi Beta Kappa scholar. He earned his master's degree from the University of Georgia, and his doctoral degree in psychology from Harvard University. During a twenty-year period at Bowman Gray School of Medicine/Wake Forest University, he served as Head of the Medical Psychology Program, Department of Psychiatry and Behavioral Medicine, and as Professor, Pain Control

Center, Department of Anesthesiology. He has over 50 scientific publications in the field of behavioral medicine.

*Dr. Duquette provides neuropsychological assessment for children, adolescents, and adults with:*

- Neurological disorders
- Attention Deficit/Hyperactivity Disorder (AD/HD)
- Learning and developmental delays
- Cancer, kidney and liver disease
- Other complex medical conditions

*Dr. Young provides psychological assessment, pain management, and therapy for adults with:*

- Depression and mood disorders
- Anxiety
- Chronic pain
- Stress disorders
- Chronic health problems

### QUESTIONS OR COMMENTS?

Email [CBM@cornerstonehealthcare.com](mailto:CBM@cornerstonehealthcare.com) and put ASSOCIATES as your subject line.

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Behavioral Medicine

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